

“EIN ODE MILVADO”
“THERE IS NOTHING BUT G-D!”

This verse from the Torah (*Devarim 4:35*) is a very powerful meditation to remind ourselves of G-D’s presence in every situation.

The deep meaning of this verse is discussed extensively in the Kabbalah. One of the inner meanings expressed by this verse, is the realization that nothing in life is a coincidence, and that everything is happening for a reason.

It is explained in the Kabbalah that G-D created the world in order to give infinite goodness to all of the creation. This goodness is temporarily concealed from us, while we are all undergoing spiritual transformations. It is explained in the Kabbalah, that everything we are going through in our daily lives, is actually on the deepest level, spiritual transformations preparing us for this supernal goodness.

The Kabbalah explains that everyone in the world is part of one universal soul, which is in the process of spiritually developing to the state of pure unconditional love. When we have attained this evolution of consciousness, we become able to experience the Divine and eternal goodness at the root of our every moment. In this state of enlightened experience, we come to see that even the most difficult and painful events of our lives, were all in the deepest reality hidden blessings, Divinely designed to allow our souls to spiritually develop in the most ultimate way.

It is, most certainly, the hardest thing to be able to realize, that eternal goodness is at the root of everything we are going through. This realization is possible in the spiritual state of *Emuna*, which is a consciousness of unconditional love that transcends our normal intellectual state. The inner learning of the Kabbalah discusses the spiritual process of developing this higher awareness.

It is taught in the Kabbalah that we have all been given free will. At the root of our free will, is how much effort a person decides to dedicate in their life towards spirituality and working to help others in any way that they can.

We learn that although we have been given free will and are actually making decisions, that at the same time there is a Divine plan working within every moment of our lives. The cosmic dance and interface between free will and Divine providence, is mapped out extensively in the holy books of the Kabbalah.

The inner understanding of how infinite unconditional love at the root of all creation becomes manifest in our present experience, and details of how to practically work with the notion that everything is for the good, is the heart of the spiritual learning of the Kabbalah. The Kabbalah reveals an inner understanding of our spiritual progression towards experiencing our Divine source in the realization of unconditional love and oneness.

Ein Ode Milvado is discussed in the Kabbalah as one of the most powerful meditations and spiritual contemplations that we can use throughout our lives.