

ANA ELI

ANA ELI HAER NAH LI ET OR AHAVATECHA

PLEASE ANSWER ME G-D AND SHINE WITHIN ME THE DIVINE LIGHT OF YOUR LOVE

This picture is a deep Kabbalistic prayerful song written by my spiritual teacher, Rebbi David Baruch. There are many levels of meaning to this prayer.

The Kabbalah explains that the root of our spiritual work is our working towards reaching the state of pure unconditional love and truly caring for others. This prayer can be used as a meditation to awaken the inner aspect of our soul, which is constantly yearning to be in the spiritual state of unconditional love.

This verse is painted in a circle, reflecting the holiness of the circle dance. When dancing around in a circle, each person takes the place of every other person- the realization that we are all one soul and that all of our prayers come together in oneness.

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