

AHAVA SHIVITI

A *Shiviti* is a traditional form of Kabbalistic spiritual art used to help a person in purifying ones thoughts and awakening ones heart in prayer.

A *Shiviti* traditionally contains the most Holy 4 letter Divine Name *Shem Havaya* ה-ו-ה-י in large letters written in the center near the top of the picture. Surrounding the *Shem Havaya*, comprising the rest of the composition, are many other Holy Divine Names which are used in spiritual meditations. Particular Psalms and holy verses are traditionally included, often depicted in the form of a menorah.

The *Shem Havaya* ה-ו-ה-י is reflected in the 4 Hebrew letters of the word *AHAVA* אהבה LOVE. The letter א is the number 1 and is interchangeable with the letter י which represents a single point. The letter ו is interchangeable with the letter ו as they make a similar sound.

The holy books of the Kabbalah describe how the 4 letters of the *Shem Havaya* reflect 4 aspects of our inner spiritual consciousness. The Holy Zohar reflects how these 4 spiritual aspects are also directly related to the 4 Hebrew letters of the word *AHAVA*.

This *Shiviti* is formed from different arrangements of the Divine Name *AHAVA*. This *Shiviti* is designed as a meditation on the unconditional love of the Divine that is at the root of our every moment.

Tzfat Gallery of Mystical Art

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