

## 1000 SOUNDS OF THE SHOFAR

This art depicts the 100 sounds we blow on the shofar on *Rosh Hashana* reflected through the Tree of Life.

Kabbalah discusses the deep spiritual significance of this pattern of sounds blown since ancient times.

The four different shofar sounds are: *tekia*, *shevarim*, *terua* and *tekia gedola*.

The sounds correspond to states of consciousness.

One *kavana* (meditation) of shofar blowing associates the sounds with giving, receiving, balance and oneness:

*tekia* -----1 long sound-----giving  
*shevarim* -----3 shorter sounds-----receiving  
*terua* -----9 very short sounds-----balance  
*tekia gedola* -----1 very long sound-----oneness

The whole long sound of *tekia* expresses inner joy and thankfulness.

The three broken cries of *shevarim* express brokenness.

The sound of *terua*, so broken it is whole, is the prayer from the depths of our heart revealing the always flowing divine goodness.

The final very long sound of *tekia gedola* represents unconditional love and oneness.

The Tree of Life is the divine map of spiritual consciousness discussed in Kabbalah. These 10 aspects of divine experience are called *sefirot*. This art represents the 100 sounds of the shofar shining through the 10 *sefirot* to reveal 1000 sounds of the shofar.

This picture depicts the sounds ascending from the bottom.

10 triangles represent the 10 *sefirot* of the single sound of *tekia*.

30 triangles represent the 30 *sefirot* of the 3 shorter sounds of *shevarim*.

90 triangles represent the 90 *sefirot* of the 9 very short sounds of *terua*.

Each of the shofar sounds corresponds to a particular aspect of our inner consciousness. Each progressive sound represents deeper levels of love and spiritual awareness.

**Tzfat Gallery of Mystical Art**

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